

# Making Single Handed Care Everyday Care



PRISM MEDICAL UK

*Superior solutions. Exceptional service.*

Working in Partnership with

University of  
**Salford**  
MANCHESTER  
Research & Education

# THE SCENARIO. THE REALITIES.

Currently and over the coming years, Authorities will face the immense task of supplying high standards of care on limited staff and budget resources. This comes at a time when the number of people requiring social care will increase significantly as a result of demographic changes, leaving Authorities with the worrying dilemma as to how their resources will stretch to meet such an increasing demand for care.

\*This is further compounded by staff recruitment and retention issues, as an estimated 338,520 adult social care workers left their roles in 2015-16. That is equivalent to 928 people leaving their job every day. The figures show that social care providers are struggling to retain their staff, with the industry having a staff turnover rate of 27% – nearly twice the average for other professions in the UK.

However, it is not all doom and gloom as technology and equipment for the disabled is rapidly advancing, at cost effective prices. This is providing Authorities with the opportunity to provide the same or improved standards of care utilising a single carer, subject to an individuals independent risk assessment.

Prism Medical UK has vast experience in facilitating pilot projects alongside Authorities, and we can also present the case and potential savings to Commissioners, Procurement, Prescribers and Care Managers.



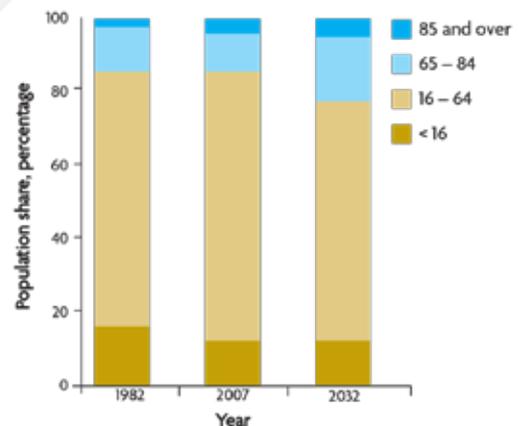
\*(Source: Skills For Care/BBC Analysis 2107)

## Demographics 'We are an ageing society'

The number of people likely to need social care will increase significantly in the coming years as a result of demographic changes.

- Total population projections for the UK suggest a 31% increase over the next 50 years.
- The number of people over the age of 65 is projected to increase by 65% over the next 25 years.
- The projected increase in the over 65's will place extra demand on the provision of care, as over three quarters of those will require care at some point in their lives.

Source: 2001 census and 2011 census population estimate via The King's Fund



	2010	2030
The number of over 65's who will require social care:	Over 65 10.6m	16.1m (+51.9%)
	16 – 64 3.1m	3.4m (+3.2%)

## NHS

### 'Increasing demand for services and the need to make savings'

The number of patients treated in NHS hospitals is increasing year on year - at the same time the NHS needs to deliver significant savings.

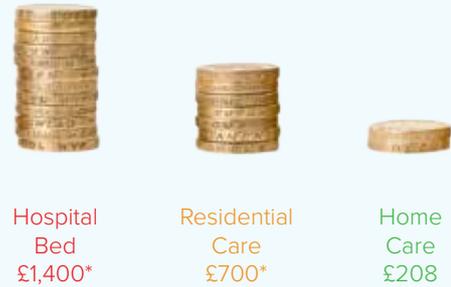
- Older people account for 65% of NHS spending and make up the largest single group of patients using the NHS
- As a proportion of government spending, the NHS now consumes close to 20% of departmental spending
- Elderly people remaining in hospital due to a lack of more suitable care provision in the community costs the NHS £200 million per annum

Cuts are now harming NHS with hospitals struggling to discharge patients into home or community care.

*"Until recently, the impact of the decline in social care has been relatively hidden, but social care is a crucial pressure valve for the NHS and the evidence of what happens when it is too weak to fulfil that function is clear for us all to see"*

Caroline Abrahams, Chief Executive, Age UK

### Comparison of weekly care costs



\*Kings Fund data Briefing December 2011

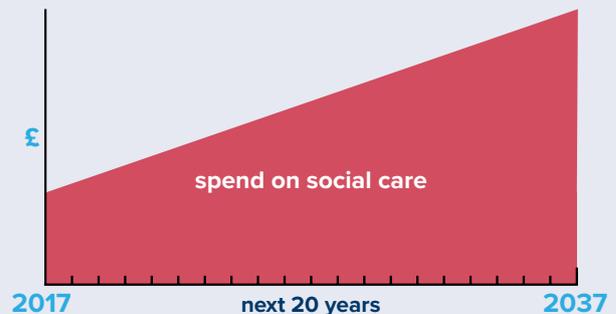
## Local Authorities

### 'Cuts to budgets and staff'

The increasing number of people requiring support and reductions in budgets and staff requires Local Authorities to be innovative in how they deliver support.

- Local Authorities spend approx 33% of their budgets on adult care services
- Reports have shown that in 2011/12, 67.6% of those receiving social care services provided by Local Authorities were 65yrs +
- In July 2012, the UK Home Care Association reported that more than 640,000 people in the UK rely on care in their homes
- It is estimated that spending on social care will need to triple over the next 20 years to keep pace with the demand for services

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**Turn to page 4 to see the cost savings that have been achieved by councils who have implemented a single handed care model.**

# SINGLE HANDED CARE: AN INTRODUCTION

Housing adaptations and the provision of suitable moving and handling equipment can reduce the need for two carers to assist in personal care needs. As part of a number of processes designed to improve efficiencies and deliver much needed cost savings, an increasing number of authorities are adopting the 'Single Handed Care' model to those who have been assessed as suitable for such a care package.

Prism Medical UK has vast experience in rolling out product and service packages to help work alongside Authorities who are wishing to implement single handed care.

## Benefits of Single Handed Care

- **Approximately 40%** of those reviewed in all the documented studies (and those areas in which Prism is working in collaboration with the Local Authority) are suitable for a reduction in their care package.
- **Significant cost savings** to Local Authorities
- **Multiple benefits for clients/ service users** – empowerment, independence, flexibility, and greater dignity
- **Improved inter agency working** – Increased skill levels of care staff but training and early involvement of the care providers is essential
- **Changes in Moving and Handling practices** performing routine care tasks, using one person to hoist (unless a client is risk assessed as requiring more support)

## SOMERSET COUNTY COUNCIL REVIEW



### Background

Occupational Therapists led by Sheenagh Orchard piloted a scheme to evaluate the impact of providing additional moving and handling equipment on the need for two carers.

### Results

- 37% were 220 service users were assessed as being suitable for a reduction in their care package
- Estimated savings of £270,000 were made via reductions in care packages
- The average initial investment in equipment was £763 per service user and this was recouped within 48 days on average

## LONDON BOROUGH OF HAVERING REVIEW



### Background

142 service users were assessed to establish their suitability for a reduction in care packages.

### Results

- 59 people (42%) were assessed as being suitable for a reduction in their care package
- 77 (54%) were assessed as being unsuitable
- 6 service users were recommended to have an increase in their care package
- Service users reported that service delivery is more personalised, flexible and responsive to their needs

### Double to Single Handed Care: The Review

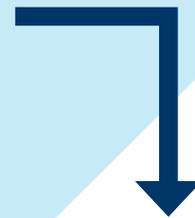
Being able to move from double to single handed care provides an opportunity to make significant savings.

With the right type of equipment, advice and training, single handed care can be successfully delivered as a safe practice for service users who are hoisted and in receipt of double handed care. Typically the pay back period is within six weeks of equipment purchased to reduce the need for two carers depending upon the equipment cost and cost per visit per carer.

On average, the success rate of being able to convert clients from double to single handed care is 42–50%.

### Manual Handling – Does it Take Two?

To further back up the viability of providing single handed care, Prism Medical UK, in association with HFH Consulting and the University of Salford, has launched a White Paper challenging the perceived status quo that two carers are necessary for clients who require manual handling.



## CAMBRIDGESHIRE COUNTY COUNCIL



### Background

Prism Medical UK have been working with Cambridgeshire County Council to develop their Single Handed Care programme.

### Results

- 50% of existing double-up packages reduced to single handed care. From an equal reduction in care packages and avoidance costs, approx £1million saved
- 45% of service users report to be able to do more for themselves
- 46% of service users report that their pain or discomfort has been reduced as the result of using alternative equipment
- 1388 care hours saved (2015-2016)

## YOUR FREE RESEARCH REPORT

Visit:

[prismmedical.co.uk/doesittaketwo](http://prismmedical.co.uk/doesittaketwo) to download your free copy of the Manual Handling – Does it Take Two? research report.



**Turn to page 6 to see how Prism Medical UK can help you enable single handed care.**

# WORKING WITH PRISM MEDICAL UK

## SERVICES

### TRAINING

Practical 'hands on' training is provided as part of our product offering. Training can be provided to clients and those who care for them.

### PRODUCTS

We offer the largest portfolio of quality moving, handling and bathing products at competitive prices for organisations enabling single handed care.

### INTER-AGENCY WORKING

We will work alongside your team to ensure your single handed care project is as successful as possible.

### FREE PROJECT PRESENTATIONS

We can deliver bespoke, free presentations to senior management in order to highlight the potential savings that can be made by implementing a single handed care model.

### SUPPORT

At every stage before and after supply of products our Assessors and Business Managers, provide friendly efficient advice, supported by our Customer Service Teams.

### ASSESSMENT

We have a team of experienced assessors who can assist in the assessment and joint assessment of clients to identify the most appropriate moving, handling and bathing equipment.

### INSTALLATION

We have one of the largest teams of Engineers operating from our Regional Service Centres across the UK. We can normally install products within seven days of receipt of an order.





# PRODUCTS

## Ceiling Track Hoists

Ceiling track hoists provide a permanent, cost effective, unobtrusive hoisting solution for single handed care.



## Freeway Raiser

The Freeway Raiser sit to stand transfer platform is designed to provide active, safe transfer of the user with the guidance of a single carer.



## Gantries & Portable Hoists

Gantry systems are ideal for those who require a hoisting solution which can be dismantled and transported in seconds by a single carer.



## In-Situ Slings

Prism supplies a range of in-situ slings to suit a variety of applications, all of which can be fitted by a single carer.



## Freeway SA-160C Compact Stand Aid

The Freeway SA-160C is a compact sit to stand aid, which is very easy to manoeuvre and designed to gently move the user from a sitting to standing position. Ideal as part of a SHC package.



## Freeway Bed Management System

A vital piece of equipment to enable single handed care. In bed management systems allow the client to be turned and repositioned with ease.



## Mackworth TA-180 Transfer Assist

The Mackworth TA180 is a transfer support unit which encourages more mobile clients to stand un-assisted. Its versatility and ease of use enables single handed care.



## Moving & Handling Products

A complete moving and handling range is available including body support wedges, multigloves, swivel cushions and much more.



# To book a Single Handed Care Product Demonstration



Please call our team on:

**01924 840100**



Visit:

**[prismmedical.co.uk](http://prismmedical.co.uk)**

# PRISM



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